# BREATHE BETTER, HEAL SMARTER

DISCOVER BOO (BREATHING OZONATED OIL) THERAPY

## WHAT IS BOO THERAPY?

When ozone is bubbled through a natural oil like olive oil, it transforms into ozonides—a gentler, potentially therapeutic form that many find safe to inhale.

- ✓ Designed to support nose, throat, and lung health
- ✓ Does not have systemic or full-body effects
- ✓ Used by practitioners for infections, inflammation, & detox
- ✓ Easy to do at home or in-office with proper guidance

### HOW IT WORKS

- 1.Ozone is bubbled through olive oil, the oil chemically reacts with the ozone, converting it into ozonides.
- 2.You breathe in the ozonide vapor through a nasal cannula in a calm, quiet space
- 3. Your session is overseen by a member of our clinical team, and protocols can be adjusted based on your health goals and tolerance.

### COMMON REASONS BOO IS USED

- Lung infections
- Sinus and throat infections
- Asthma and COPD
- Mold exposure and mycotoxin detox

### **BENEFITS OF BREATHING OZONIDES**

- Antiseptic properties: may kill pathogens in lungs, sinuses, and throat
- May speed tissue healing and reduce inflammation
- Non-invasive and accessible when done properly

#### TARGETED SUPPORT FOR YOUR LUNGS, SINUSES, AND THROAT—POWERED BY NATURE AND INNOVATION.

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